

COACHES EARN EXTRA INCOME RUNNING YOUR OWN TENNISWORKOUT CLASSES

QUICK & EASY TO SET UP • MINIMAL EQUIPMENT REQUIRED • SUITABLE FOR ALL AGES & ABILITIES

'The Tennisworkout is a fun on court movement class combining cardio-vascular training with tennis-specific movement patterns & hitting drills'.

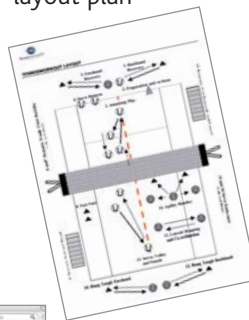


- 1 Day Workshop – Practical & Theory
- Plus all of your promotional & support materials which include:



20 full colour laminated circuit station cards

On court circuit layout plan



Music CD timed for easy class control



Website Promoting Classes with YOUR FREE LISTING



Class Promotional flyers

Coach & Player Feedback:

'This should be an integral part of any tennis development programme, juniors and adults'

Matt Ward, Nationally Ranked Senior Men's

'Professional relevant and fun to attend, I would definitely recommend this workshop to coaches & players of all levels

Kevin Baker, LTA Performance Coach Award (PCA)

'I have already had interested groups wishing to take the class, don't miss out to another coach in your area'

Jackie Howe, LTA Coach DCA, Junior Development Programme

For more details either call us on 01980 595 502 or visit: www.tennisworkout.co.uk

Workshop Tutor



Erak Simsson, BSc (Hons), Cert Ed, CCA & USPTA PRO 1


Tennisworkout.co.uk

In Partnership With

British
Tennis
Coaches
Association

Limited spaces available
Registration form on reverse

REGISTRATION FORM

PLEASE PHOTO COPY AS REQUIRED

Please reserve _____ places at £110 per delegate or early bird rate £95

Early bird qualification; bookings must be received 2 weeks prior to to workshop start date.

Total £ _____

Workshop date (1st choice) ___/___/___/

Workshop date (2nd choice) ___/___/___/

Delegates Names (s) & qualifications _____

Main contact person name if group booking: _____

PLEASE PRINT CLEARLY TO HELP AVOID ANY MISTAKES

First Name: _____ Surname: _____

Address: _____

Post Code _____

Telephone: _____ Email: _____

I enclose a cheque for £ _____ made payable to 'Synergiselect Ltd'

On receipt of your payment and completed registration form, a confirmation letter / email will be sent out to you.

RETURN ADDRESS:

Synergiselect Coaching and Training Ltd,
P.O. Box 1862, AMESBURY, Salisbury, Wiltshire, SP4 7WA
Tel/Fax: 01980 595 502
E: info@synergiselect.com

WORKSHOP VENUES & DATES

Aldershot (Clive Aspery Tennis Center)	22 MAY
Aldershot (Clive Aspery Tennis Center)	21 JUNE
Aldershot (Clive Aspery Tennis Center)	9 JULY



Tennisworkout.co.uk

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